

# Coping with Crying

## Coping with Crying

Helping you to keep calm and soothe your baby



*Every baby is different and some cry more than others. We can help you find what works best for you and your baby when they cry.*

Coping with Crying is a short film being shown to all new parents in the Drifffield area. It's full of helpful tips from health professionals and other mums and dads on how to soothe your baby and stay calm if it all gets too much.

**For more information ask your midwife, health visitor or call into your local children's centre.**

Drifffield Children's Centre  
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