

An invitation to Beeford Children's Centre...

Monday - Thurs
9am - 5pm
Friday
9am - 4.30pm

Beeford Children's Centre,
Main Street (in between
the school and community
centre) Beeford, YO25 8AY
(01262) 481699



A Sure Start Children's Centre **Beeford**

FREE activities for 0-5 year olds
(and grown ups!)

- **Baby massage**
- **Child health clinics**
- **Antenatal classes**
- **Let's get ... play sessions including:**
 - *Babies Playing*
 - *Creepy Crawlies*
 - *Play and Learn*
- **And much, much more**



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How can a children's centre help you?

- Preparing for the birth of your baby
- Budgeting, benefits, training, childcare and Jobcentre Plus
- Emotional support
- Child development - behaviour management, weaning, toilet training, sleep
- Parenting courses and advice
- Home safety information

You are the expert on your child and are your child's first educator. Working together we can enhance your child's development and early experiences. We do this by:

- Supporting and empowering individual families to help their child get the best start in life
- Help families enjoy their community and access services
- Promote healthy lifestyles
- Visit families at home
- Work in partnership with other agencies, including parents and community groups
- Providing stimulating play sessions in accordance with the Early Years Foundation stage Framework to enhance your child's learning and development



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