

Family Links

10 week Positive Parenting Programme



A Sure Start Children's Centre
Howden



Family Links
Transforming Schools and Families



Are you struggling with family life?

Would you benefit from learning strategies to help manage your child's behaviour?

Family Links could be for you –

A 10 week programme for parents and carers which builds on our existing parenting skills and helps us think about:

- Why children behave as they do*
- The feelings behind behaviour*
- Different approaches to discipline*
- Developing co-operation and self-discipline in children*
- The importance of looking after ourselves*

(No crèche facilities available)



EAST RIDING
OF YORKSHIRE COUNCIL

SureStart