

Sessions at Brough Children's Centre

Infant Massage

A four week programme of relaxing infant massage for you and your baby.

Please ring the number below to book your place.



Babies Playing

From birth to confident walking.

Meet new friends.

Opportunity for your infant to play, learn and develop in a safe stimulating environment.

Positive parenting, breastfeeding and basic baby care advice.



Let's Get Physical

(at South Cave Sports Centre)

For children aged 0 – 5 (older siblings welcome).

Supports your child's physical, communication & language development.

A safe, fun & friendly, environment.



Let's Get Playing

For children who are confidently walking to 5 years of age.

Opportunity for your infant to play, learn and develop in a safe stimulating environment.

A range of activities focusing on communication, language, social skills and ideas to extend learning at home.



Breast Friends

A support group for breastfeeding parents.

An Informal session supported by the Children's Centre.



*For further information please see the current What's On Guide or contact Brough Children's Centre
01482 669474*