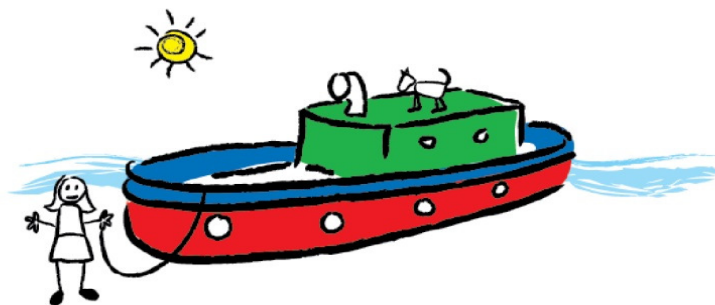


Birth & Beyond Antenatal Classes 2016



A Sure Start Children's Centre
Goole

Wonderful news, you and your family are expecting a baby!

Come along to our 3 week antenatal programme helping to prepare you and your family for life with a new baby.

The programme includes:

- * **Labour and Delivery**
- * **Infant feeding including breastfeeding support**
- * **Early baby skills**
- * **Communication**
- * **Baby safety**
- * **top tips for new families and much more.**

It is delivered in partnership by the Children's Centre Team, the Health Visiting team and a Midwife.

For all parents-to-be, new parents and their families



We offer the sessions on afternoons and evenings, contact your local centre for more information and to book your places.

Kingsway Children's Centre
Fountayne St, Goole, DN14 5HQ
Tel: 01405 761287

marshlandscc@eastriding.gov.uk
Marshands Children's Centre
Hall Rd, Old Goole, DN14 5UE
Tel: 01405 762614
marshlandscc@eastriding.gov.uk

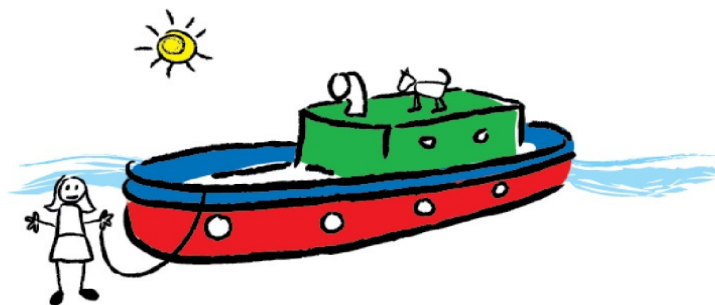


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