

Adult Learning Part Time Course Guide

SPRING 2017

What will you do next?



EAST RIDING
OF YORKSHIRE COUNCIL





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FOREWORD

Welcome to our Adult Learning course guide for Spring 2017.

Take your next step with us and get a new skill or learn a new hobby...

Courses featured in this guide include a range of our most popular courses that lead to a qualification or new skill or hobby. Courses are delivered from our main adult learning centres in Beverley, Bridlington, Cottingham and Goole and are funded by the Skills Funding Agency as part of the Government's adult education budget.

If you're a new learner and not sure if studying at an adult learning centre is right for you, check out our free taster courses on page 3.

Want to get an email reminder about courses? Simply sign up to our email bulletin at www.eastriding.gov.uk/learn, or call your nearest centre to register (see back page).

Rated good by Ofsted in September 2016, inspectors praised the quality of our teaching and the high proportion of learners who achieve their intended qualification. Join us, you'll be in good hands.

Sara Arnold

Employment education and skills group manager

INFORMATION FOR LEARNERS

How to enrol

If you like the look of a course in this guide simply book your place either online, in person or by email (see back cover for full details). For some courses you may be invited in to an induction session at your nearest centre before your course starts.

Flexible start dates on courses

Some courses have flexible start dates, this means that you can join at any point and work towards a learning plan that is right for you. Look out for courses marked **flex**

Courses that lead to a qualification

Some courses in this guide lead to a qualification. Look out for **qual** next to the course description to choose this kind of course.



Services to learners

Who are our courses for?

The majority of our courses are designed for people who are aged 19 years or over at 31 August 2016. See specific course details for information.

Choosing the right course

If you are not sure what course is right for you please speak to the centre delivering the course in the first instance for some further information, advice and guidance. Centre details can be found on the reverse of this booklet.

Learning support

If you require any assistance to access our courses we can provide a range of services to help you learn: In class mentor support; assessment for learning difficulties; note takers, readers and signers and assistive equipment and technologies.

Paying for your course

The government's eligibility criteria for fee waivers and reductions are complex and are presented in a simplified form in this course guide. If you receive certain benefits or are eligible for fee discounts we can discuss these with you at time of booking. Look out for **C** next to courses where concessions may apply.

How are these courses funded?

Courses in this guide are funded by the Skills Funding Agency (SFA).

Advanced learner loans

If you are wanting to study for a level 3 or level 4 course, you may qualify for an advanced learner loan. Applying is easy, your household income isn't taken into account, there's no credit check and no repayments until you earn over £21,000 per year. Courses which are eligible for an advanced learner loan will be marked **Advanced learner loans**

FREE courses and concessions

Some learners may be entitled to concessions or free courses. This may apply to learners who, on their first day of learning, are:

- in receipt of Jobseeker's Allowance (including those receiving national insurance credits only)
- in receipt of Employment Support Allowance (ESA) - Work Related Activity Group (WRAG)
- unemployed and claiming any state benefit and are needing specific skills offered by the course to enter employment
- aged 19 - 23 and studying for first full level 2 or 3 qualifications.

You may also be entitled to financial help to pay for costs associated with your course such as travel, childcare or resources. Ask about our Discretionary Learner Support (DLS) at time of booking.

Try adult learning with **FREE** taster sessions

Come along to a taster and get an idea of what goes on in the classroom, what adult learning centres are like and meet our fantastic tutors. There's no pressure to commit to anything further and you may just find something that you really enjoy.

Try costume making

Beverley, Wednesday 11 January, 1 - 3pm
Bridlington, Thursday 12 January, 10am - 12 noon

Try counselling skills

Beverley, Friday 13 January, 1 - 3pm
Bridlington, Tuesday 10 January, 2 - 4pm
Goole, Thursday 12 January, 10am - 12 noon

Try creative writing

Beverley, Monday 9 January, 9.30 - 11.30am
Beverley, Saturday 14 January, 9.30 - 11.30am
Goole, Wednesday 11 January, 6.30 - 8.30pm

Try drawing and painting

Beverley, Tuesday 10 January, 9.30 - 11.30am

Try dressmaking

Beverley, Saturday 14 January, 9.30 - 11.30am
Bridlington, Wednesday 11 January, 6 - 8pm

Try English

Beverley, Monday 9 January, 4 - 6pm
Beverley, Thursday 12 January, 6 - 8pm
Bridlington, Monday 9 January, 4 - 6pm
Goole, Tuesday 10 January, 1 - 3pm

Try flower arranging

Beverley, Tuesday 10 January, 6 - 8pm
Bridlington, Saturday 14 January, 10am - 12 noon

Try knitting

Beverley, Saturday 14 January, 10am - 12 noon
Bridlington, Monday 9 January, 6 - 8pm

Try maths

Beverley, Monday 9 January, 6 - 8pm
Beverley, Wednesday 11 January, 1 - 3pm
Bridlington, Monday 9 January, 4.15 - 6.15pm
Goole, Friday 13 January, 10am - 12 noon

Try mindfulness

Beverley, Thursday 12 January, 6 - 8pm
Bridlington, Tuesday 10 January, 11am - 1pm

Try paper sculpture

Beverley, Thursday 12 January, 10am - 12 noon
Cottingham, Monday 9 January, 10am - 12 noon
Goole, Tuesday 10 January, 6.30 - 8.30pm



Try patchwork

Beverley, Wednesday 11 January, 6 - 8pm
Bridlington, Tuesday 10 January, 6 - 8pm

Try photography

Beverley, Monday 9 January, 3.30 - 5.30pm
Cottingham, Monday 9 January, 6.30 - 8.30pm

Try pottery

Cottingham, Monday 9 January, 6.30 - 8.30pm

Try quilting

Beverley, Thursday 12 January, 6 - 8pm

Try soft furnishings

Beverley, Wednesday 11 January, 3.30 - 5.30pm
Bridlington, Thursday 12 January, 1 - 3pm

Try Supporting Teaching and Learning in Schools (STLS)

Beverley, Thursday 12 January, 1 - 3pm
Bridlington, Thursday 12 January, 12 noon - 2pm

Try using a computer

Beverley, Wednesday 11 January, 6 - 8pm
Beverley, Tuesday 10 January, 1.30 - 3.30pm
Bridlington, Wednesday 11 January, 12noon - 2pm
Bridlington, Tuesday 10 January, 3.30 - 5.30pm
Cottingham, Thursday 12 January, 1 - 3pm
Goole, Thursday 12 January, 6.30 - 8.30pm

Try using your tablet

Bridlington, Saturday 14 January, 10am - 12 noon

Try vintage crafts

Bridlington, Thursday 12 January, 10am - 12 noon

Booking is essential for taster courses, hurry to book your place. For more information and how to book please visit:

www.eastriding.gov.uk/learn

or call you nearest centre, see back page for details.

COUNSELLING

Introduction to counselling

- 📍 Cottingham, Monday 27 February (for 4 weeks), 2.30 - 5.30pm
Bridlington, Tuesday 17 January (for 4 weeks), 1 - 4pm
Bridlington, Tuesday 17 January (for 4 weeks), 6 - 9pm
Beverley, Friday 20 January (for 4 weeks), 1 - 4pm
Goole, Thursday 19 January (for 4 weeks), 9.30am - 12.30pm

📌 FREE

Do you need counselling training or need to use counselling skills in your current job? This introduction to counselling course provides basic information in counselling skills and the opportunity to find out about the role of a counsellor. You will receive training in counselling skills for use in a variety of work and personal situations. You can progress to our level 2 and level 3 counselling courses.



Counselling skills level 2 certificate

- 📍 Cottingham, Monday 27 March (for 30 weeks), 2.30 - 5.30pm
Beverley, Friday 3 March (for 30 weeks), 1 - 4pm
Bridlington, Tuesday 14 February (for 30 weeks), 2 - 5pm
Bridlington, Tuesday 14 February (for 30 weeks), 6 - 9pm
Goole, Thursday 2 March (for 30 weeks), 9.30am - 12.30pm
- 📌 £270 + £53 exam fee 

This qualification aims to build on existing knowledge and provide a more in-depth analysis of the use of counselling skills in everyday life and work. You will develop your counselling skills and your understanding of the different approaches involved, helping you to appreciate the importance of self-development. This qualification does not qualify you to practice as a counsellor but, if you have an interest in developing your skills or are thinking of a career change, it will give you the opportunity to learn more about the theory and ethics and help you to make choices about further employment and training options.

Counselling skills level 3 diploma

- 📍 Cottingham, Monday 27 February (for 30 weeks), 6 - 9pm
- 📌 £2,225 + £103 exam fee 

This qualification aims to provide you with a more in-depth knowledge of the use of counselling skills in everyday life and work. You will develop your counselling skills and your understanding of the different approaches involved, helping you to appreciate the importance of self-development. This qualification does not qualify you to practice as a counsellor but, if you are thinking of a career change, it will give you the opportunity to learn more about the theory and ethics and help you to make choices about further employment and training options. You must hold a counselling skills level 2 certificate and attend an interview prior to enrolment.

[www.eastriding.gov.uk/
findacourse](http://www.eastriding.gov.uk/findacourse)

Find out more details and enrol on a course at the website above – simply insert the course title in the search field.

Telephone, email or call in to your nearest centre (see back page for your nearest centre).

CREATIVE WRITING

Getting started with creative writing

- 🕒 Beverley, Tuesday 17 January (for 4 weeks), 10am - 12 noon
Beverley, Saturday 21 January (for 4 weeks), 10am - 12 noon
Goole, Wednesday 18 January (for 4 weeks), 6.30 - 8.30pm

£ £24 C

Discover the world of creative writing, exploring a range of writing techniques, styles and tones to help you to write your own work. On the course you will develop characters, settings and plots, using a variety of creative techniques. You will be encouraged to discuss and feedback on the work created by the group.

Moving on with creative writing

- 🕒 Beverley, Tuesday 14 February (for 6 weeks), 10am - 12 noon
Beverley, Saturday 4 March (for 4 weeks), 9.30am - 12.30pm
Goole, Wednesday 1 March (for 6 weeks), 6.30 - 8.30pm

£ £36 C

This course follows on from getting started with creative writing and further develops skills in producing interesting and engaging texts. You will choose whether to write an extended fictional work or an anthology of shorter pieces. These will be shared with the group and reviewed to help you improve your writing style.

Advanced creative writing

- 🕒 Cottingham, Tuesday 28 February (for 6 weeks), 6.30 - 8.30pm

£ £36 C

If you already have some experience of creative writing, perhaps from the moving on with creative writing course, and want to refine your skills, then this course is for you. You will discover and cover a mixture of genres, styles and approaches and develop your individual writing style.



DRAWING AND PAINTING

Getting started with drawing and painting

- 🕒 Beverley, Friday 20 January (for 4 weeks), 2.30 - 4.30pm
- £ £36 (includes an £12 resource fee) C

Spend an initial four weeks learning about the theory and practice of drawing and painting. Begin with still life drawing and learn how to add tone to basic drawing techniques. This course will equip you with the basic skills that are required for our moving on course.

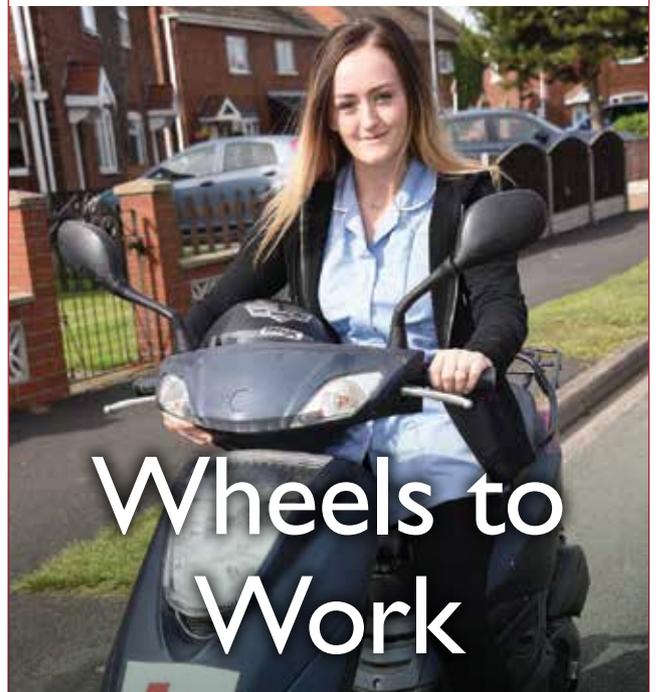
Moving on with drawing and painting

- 🕒 Beverley, Friday 17 February (for 6 weeks), 2.30 - 4.30pm
- £ £54 (includes an £18 resource fee) C

Develop your artistic skills further with an introduction to painting skills. Experiment with a range of painting techniques and styles such as watercolours, pastels and oils to take you to the next level with your drawing and painting skills.



Wheels to Work



Wheels to Work

Are you struggling to get to work, training or college?

Wheels to Work can help.

To find out more visit
www.eastriding.gov.uk/wheelstowork
or call (01262) 671429

DRESSMAKING

Getting started with dressmaking

- 🕒 Beverley, Tuesday 17 January (for 4 weeks), 6 - 8pm
Beverley, Wednesday 18 January
(for 4 weeks), 3.30 - 5.30pm
Bridlington, Wednesday 1 March (for 4 weeks), 6 - 8pm
- 💷 £36 (includes a £12 resource fee) 🕒

Learn the basics of dressmaking including pattern cutting, basic sewing techniques and an introduction to the sewing machine (along with some basic sewing machine stitches). This course is for beginners and you will get inspiration from fellow learners and an expert tutor to make a simple item to take away.

Moving on with dressmaking

- 🕒 Beverley, Monday 16 January (for 6 weeks), 6 - 8pm
Beverley, Tuesday 28 February (for 4 weeks), 6 - 9pm
Beverley, Wednesday 15 February
(for 6 weeks), 3.30 - 5.30pm
Bridlington, Wednesday 18 January (for 4 weeks), 6 - 9pm
- 💷 £36 🕒

This course follows on from getting started with dressmaking. You will learn how to read the marking and symbols on commercial patterns and then practise your newly discovered techniques to produce your own skirt. You will further develop skills using the sewing machine, learning techniques on how to insert zips, darts and pleats as well as planning your own embellishments to make your skirt unique. You will bring your own materials to this course.

Advanced dressmaking

- 🕒 Beverley, Monday 6 March (for 4 weeks), 6 - 9pm
- 💷 £36 🕒

If you have attended our moving on course and want to learn new, advanced dressmaking skills, then why not come along to this advanced course? Bring along your own patterns and resources and work with our tutor to discover how to make more detailed and tailored garments.

Dressmaking masterclass: As you like it

- 🕒 Beverley, Saturday 4 March
(for 2 weeks), 9.30am - 4.30pm
- 💷 £36 🕒

If there's an item of clothing that you're dying to make, but want some expert tuition, this short course is for you. Over two Saturdays make an item of clothing from scratch under the watchful eye of one of our talented seamstresses. Bring along your own pattern and materials and make a garment that is tailored to fit and suit you perfectly. (Between sessions you can work on the garment at your leisure and at the second session you will get some great skills and tips for achieving a professional finish to your garment).

Dressmaking masterclass: Little black dress

- 🕒 Beverley, Saturday 21 January
(for 2 weeks), 9.30am - 4.30pm
- 💷 £36 🕒

The little black dress is a wardrobe essential so why not learn how to make your own? This short course gives you the opportunity to make your own dress in your own choice of fabric. If black is not your colour, then you can make the dress in any colour or pattern of your choice, making each dress unique to you. You will be guided through the construction process by your tutor and advised on choosing a pattern and material. You will need to bring along your own pattern and resources.

Getting started with costume making

- 🕒 Beverley, Wednesday 18 January (for 4 weeks), 1 - 3pm
Bridlington, Thursday 19 January
(for 4 weeks), 10am - 12 noon
- 💷 £36 (includes a £12 resource fee) 🕒

Everyone loves dressing up and this new course will give you ideas and skills to hand make costumes for you and your children. We will focus on historical and fictional characters as popular themes for the course.

Moving on with costume making

- 🕒 Beverley, Wednesday 15 February (for 6 weeks), 1 - 3pm
Bridlington, Thursday 16 February
(for 4 weeks), 9.15am - 12.15pm
- 💷 £54 (includes an £18 resource fee) 🕒

Following on from our getting started with costume making course, come along and practise more advanced skills to create a unique costume for an event or celebration for yourself or a member of your family.



ENGLISH AND MATHS

Getting started with English

- 🕒 Beverley, Thursday 19 January (for 4 weeks), 4 - 6pm
Beverley, Thursday 2 March (for 4 weeks), 4 - 6pm
Bridlington, Wednesday 18 January (for 4 weeks), 1 - 3pm
Bridlington, Wednesday 1 March (for 4 weeks), 1 - 3pm
Goole, Tuesday 17 January (for 4 weeks), 1 - 3pm
- 🇸🇫 FREE

Joining this course gives you the opportunity to take part in an initial discussion with a qualified tutor to establish what you want to learn to help improve your English skills. Whether you want to get a job, gain confidence or get online, improving your skills could help you do it.

Moving on with English

- 🕒 Goole, Tuesday 28 February (for 6 weeks), 1 - 3pm
- 🇸🇫 FREE

Following on from your getting started with English course you will have the opportunity to improve your areas for development. You will be able to practise your English skills with help and advice from your tutor.

Improve your English skills

- 🕒 Beverley, Mondays, 1 - 4pm
Beverley, Thursdays, 6 - 9pm
Bridlington, Mondays, 9.15am - 12.15pm
Bridlington, Wednesdays, 9.15am - 12.15pm
Bridlington, Thursdays, 6 - 9pm
Cottingham, Wednesdays, 9.30am - 12.30pm
Goole, Tuesdays, 9.30am - 12.30pm
- 🇸🇫 FREE

This course develops good communication skills in reading, writing, speaking and listening and provides study at an entry level to level 1. You may take a functional skills qualification or a shorter award to help with specific areas of English. Following this you could progress to an English for life and work course to study at level 2.

Getting started with maths

- 🕒 Beverley, Friday 20 January (for 4 weeks), 9.30 - 11.30am
Beverley, Friday 3 March (for 4 weeks), 9.30 - 11.30am
Bridlington, Thursday 19 January (for 4 weeks), 9.30 - 11.30am
Goole, Friday 20 January (for 4 weeks), 10am - 12 noon
- 🇸🇫 FREE

Joining this course gives you the opportunity to take part in an initial discussion with a qualified tutor to establish what you want to learn to help improve your maths skills. Whether you want to get a job or gain confidence, improving your skills could help you do it.

Moving on with maths

- 🕒 Goole, Friday 3 March (for 6 weeks), 10am - 12 noon
- 🇸🇫 FREE

Following on from your getting started with maths course you will have the opportunity to learn more about numbers and improve your areas for development. You will be able to practise your maths skills with help and advice from your tutor.

Improve your Maths skills

- 🕒 Beverley, Mondays, 9.30am - 12.30pm
Beverley, Wednesdays, 6 - 9pm
Bridlington, Mondays, 1 - 4pm
Bridlington, Thursdays, 12 noon - 3pm
Cottingham, Wednesdays, 1 - 4pm
Goole, Wednesdays, 9.30am - 12.30pm
- 🇸🇫 FREE

This course develops good number skills and provides study at an entry level to level 1. You may take a functional skills qualification or a shorter award to help with specific areas of Maths. Following this you could progress to a Maths for life and work course to study at level 2.

English for life and work

- 🕒 Beverley, Mondays, 6 - 8pm
Beverley, Thursdays, 1.30 - 3.30pm
Bridlington, Mondays, 6 - 8pm
Bridlington, Tuesdays, 2 - 4pm
Cottingham, Fridays, 9 - 11am
Goole, Thursdays, 9 - 11am
- 🇸🇫 FREE

This course develops good communication skills in reading, writing, speaking and listening. You will study for a functional skills qualification at level 1 or 2.

Maths for life and work

- 🕒 Beverley, Wednesdays, 9.30am - 12.30pm
Bridlington, Wednesdays, 6 - 8pm
Bridlington, Tuesdays, 11.30am - 1.30pm
Cottingham, Tuesdays, 6-9pm
Cottingham, Fridays, 11.30am - 1.30pm
Cottingham, Thursdays, 6 - 9pm
Goole, Wednesdays, 1 - 4pm
Goole, Thursdays, 11.30am - 1.30pm
- 🇸🇫 FREE

This course develops good number skills. You will study for a functional skills qualification at level 1 or 2.

ENGLISH SPEAKERS OF OTHER LANGUAGES (ESOL)

ESOL initial assessment

- 🕒 Goole, Thursday 12 January (for 5 weeks), 1 - 4pm
- 💷 FREE

Our ESOL courses include speaking and listening (entry level 1 to level 2) and reading (entry level 1 to level 2). We can also offer a writing course (with no qualification) that will help you with daily writing tasks such as filling in forms, making a CV and writing emails. We have assessments available throughout the year where our tutors will assess your level of English and advise you which course is best for you.

ESOL conversation

- 🕒 Goole, Tuesday 17 January (for 5 weeks), 10am - 12 noon
- 🕒 Goole, Tuesday 28 February (for 5 weeks), 10am - 12 noon
- 💷 £30

Come along to practise your spoken English. Meet and chat with other people who have English as a second language. Develop at your own pace with support from your fellow learners and your tutor.

ESOL Polish traditions

- 🕒 Goole, Tuesday 10 January (for 6 weeks), 1 - 3pm
- 💷 £36

This course is aimed at Polish people who have good English skills. You will produce a book or video in English about Polish traditions such as Easter, Christmas, games, food and stories. Take away your book or video to share these traditions with your family and friends.



EMPLOYABILITY SKILLS

Customer service level 1 award

- 🕒 Beverley, Tuesday/Thursday 7 March (for 3 weeks), 9.30am - 3pm
- 🕒 Bridlington, Monday/Friday 16 January (for 3 weeks), 9.30am - 3pm
- 💷 £90 + £24.70 exam fee

You will work with others and take part in a range of activities designed to increase your confidence and help you to think about the type of jobs that need customer service skills. You will learn more about the skills needed on a day to day basis to deliver good customer service and understand what is meant by customer satisfaction and how to manage the needs and expectations of different customers.

Customer service level 2 award

- 🕒 Beverley, Monday/Tuesday/Thursday 16 January (for 3 weeks), 9.30am - 3pm
- 🕒 Goole, Tuesday/Wednesday/Thursday 7 February (for 3 weeks), 9.30am - 3pm
- 💷 £135 + £26.80 exam fee

This course is ideal to give you a greater understanding of customer service policies and procedures and the communication skills required to effectively deal with different types of customers. You will already hold a level 1 award or have substantial experience in the workplace.

Developing skills for work

- 🕒 Beverley, Tuesday/Thursday 7 February (for 4 weeks), 9am - 3.30pm
- 🕒 Goole, Monday/Friday 16 January (for 9 weeks), 9.30am - 12.30pm (Mon), 12.30 - 3pm (Fri)
- 💷 FREE

If you are currently looking for work then this is the ideal short course for you. You will take part in a range of activities with others, working towards a qualification, designed to increase your confidence to get a job. We will also help you to make informed choices about the sort of work you want to do and look at other options available to you to continue developing your skills. This course is most suitable if you have struggled to succeed in finding work due to a lack of motivation, not knowing what you want to do or lack of confidence to find the right option for you and sell yourself to a potential employer.

Not sure adult learning is for you?
Try a FREE taster course.
See page 3 for details.



FLORISTRY

Getting started with flower arranging

L Beverley, Wednesday 18 January
(for 4 weeks), 1 - 3pm

Beverley, Thursday 19 January
(for 4 weeks), 6 - 8pm

Bridlington, Saturday 21 January
(for 4 weeks), 10am to 12 noon

£ £40 (includes a £16 resource fee) **C**

On this beginners' course, you will be introduced to a variety of techniques using flowers and foliage. You will explore modern designs and how they have changed with time as well as exploring colour harmony and how to make arrangements using foam.

Moving on with flower arranging

L Beverley, Wednesday 18 January
(for 6 weeks), 10.30am - 12.30pm

Beverley, Wednesday 15 February
(for 6 weeks), 1 - 3pm

Beverley, Thursday 16 February
(for 6 weeks), 6 - 8pm

Bridlington, Saturday 4 March
(for 4 weeks) 9.30am - 12.30pm

£ £60 (includes a £24 resource fee) **C**

This course follows on from getting started with flower arranging. You will look at the principles and elements of floral design including the theory of colour harmony and balance. The course will introduce you to wiring techniques and you will have plenty of opportunities to design and practise your own floral creations.

Advanced flower arranging: Easter flowers

L Beverley, Tuesday 14 March (for 4 weeks), 6 - 9pm

£ £60 (includes a £24 resource fee) **C**

Easter is a traditional time for spring flowers. In this advanced class you will learn skills required to produce displays from Spring flowers, including how they need to be treated and handled in order to extend their longevity and beauty. To join this class you will need to have had previous experience in floristry or have completed our moving on with flower arranging course. Take home what you make and display in your home over the Easter period.

Flower arranging masterclass: Easter flowers

L Cottingham, Thursday 6 April (for 1 week), 12 noon - 3pm

£ £21 (includes a £12 resource fee) **C**

Spend a fun few hours preparing a beautiful seasonal Easter basket arrangement using a range of spring flowers enhanced with foliage and accessories to create an eye catching design. The course is perfectly timed for Easter, so you can take home what you make to display at home.

Flower arranging masterclass: Mothers' day

L Cottingham, Thursday 23 March
(for 1 week), 12 noon - 3pm

£ £21 (includes a £12 resource fee) **C**

Say it with flowers and prepare a beautiful seasonal basket arrangement for a mothers' day gift. Use a range of spring flowers enhanced with foliage and accessories to create an eye catching design to take away.

Try one of these courses for FREE.
See page 3 for details.

ICT AND COMPUTERS

Getting started with your tablet

- 🕒 Beverley, Tuesday 17 January (for 4 weeks), 11.30am - 1.30pm
- Beverley, Tuesday 28 February (for 4 weeks), 11.30am - 1.30pm
- Bridlington, Saturday 21 January (for 4 weeks), 10am - 12 noon

£ £24 C

Have you treated yourself to a new iPad/Android tablet and are not sure how to get up and running? Then come along to our course and bring along your own device so you can set it up in the classroom and practise with the help of the tutor. You will learn how to explore your tablet, including searching the internet, using skype, downloading apps, emailing, using social media and working safely online, how to connect to wifi and taking and manipulating pictures.

Moving on with your tablet

- 🕒 Beverley, Tuesday 17 January (for 4 weeks), 2 - 5pm
- Bridlington, Saturday 4 March (for 4 weeks), 9.30am - 12.30pm

£ £36 C

Following on from our getting started course and now that you have mastered the basics of your tablet, come along and learn more complex functions that you could use in your personal and working life.

Getting started with computer and digital skills

- 🕒 Beverley, Wednesday 18 January (for 4 weeks), 3.30 - 5.30pm
- Beverley, Wednesday 15 February (for 4 weeks), 3.30 - 5.30pm
- Bridlington, Tuesday 17 January (for 4 weeks), 3.30 - 5.30pm
- Bridlington, Tuesday 28 February (for 4 weeks), 3.30 - 5.30pm
- Cottingham, Thursday 19 January (for 4 weeks), 1 - 3pm
- Goole, Thursday 19 January (for 4 weeks), 6.30 - 8.30pm

£ £24 C

Joining this course gives you the opportunity to develop your skills in relation to word processing, spreadsheets, file management, using the internet and email. Whether you want to get a job, gain confidence or get online, improving your skills could help you do it.

Moving on with computer and digital skills

- 🕒 Beverley, Tuesday 17 January (for 6 weeks), 9.15 - 11.15am
- Bridlington, Friday 20 January (for 6 weeks), 9.30 - 11.30am
- Cottingham, Thursday 2 March (for 6 weeks), 1 - 3pm
- Goole, Thursday 2 March (for 6 weeks), 6.30 - 8.30pm

£ £36 C

This course is designed to help you to improve your everyday computer skills. These skills will help you to use computers independently, effectively and confidently in both your personal and working life. The course covers word processing, spreadsheets, file management and using the internet and email.

Improve your computer and digital skills

flex



- 🕒 Beverley, Wednesdays, 9.30am - 12.30pm
- Bridlington, Wednesdays, 1 - 4pm
- Cottingham, Mondays, 1 - 4pm

£ Price on application

This course is designed to support you to develop your everyday computer skills. You will work towards an accredited qualification in one or more of the following subjects: IT users fundamentals; spreadsheet software; word processing software; using email; internet and the world wide web. Qualifications in ICT are suitable for learners of all ages who wish to be recognised for their achievement of a wide range of practical ICT skills for use in everyday life.

European Computer Driving Licence (ECDL)

flex



- 🕒 Beverley, Wednesdays 12 - 3pm and 6 - 9pm
- Bridlington, Tuesdays, 12.15 - 3.15pm and 6 - 9pm
- Cottingham, Mondays, 6 - 9pm
- Cottingham, Wednesdays, 6 - 9pm
- Cottingham, Fridays, 9.30am - 12.30pm
- Goole, Mondays 6 - 9pm and 12.30 - 3.30pm

£ Price on application

ECDL is the internationally recognised qualification for computer users. ECDL will improve your understanding of computers and promote the efficient use of spreadsheet, presentation and word processing software. The course will open up a variety of opportunities for you through the broad range of skills it provides. The qualification is widely recognised by employers as proof of ability and competence when working with IT.

For more details on all courses visit
www.eastriding.gov.uk/findacourse

KNITTING

Getting started with knitting

- 🕒 Beverley, Tuesday 17 January (for 4 weeks), 6 - 8pm
Bridlington, Thursday 19 January (for 4 weeks), 6 - 8pm

£ £36 (includes a £12 resource fee) C

Get to grips with hand knitting and learn some basic skills and techniques including how to read a basic knitting pattern. Discover how to cast on and off, learn knit and purl stitches and how to begin basic construction. Practise at home and have something great to wear at the end of your four weeks!

Moving on with knitting

- 🕒 Bridlington, Thursday 16 February (for 6 weeks), 6 - 8pm

£ £54 (includes an £18 resource fee) C

Now you have some knitting know how, learn more about choosing yarns and patterns for your own mini project. Learn a selection of more difficult stitches and apply them within your project. With full guidance and demonstrations from your tutor, develop at your own pace and have a beautiful piece to take away.

MINDFULNESS

Mindfulness

- 🕒 Beverley, Monday 6 February (for 5 weeks), 9.30am - 12.30pm
Beverley, Thursday 2 March (for 5 weeks), 6 - 9pm

£ £45 C

Mindfulness is an up-and-coming method, growing in popularity, to reduce stress. The course will help you to explore what mindfulness is and what it can offer you both personally and professionally. On the course you will find out what mindfulness meditation is (and what it is not!), the benefits of mindfulness in terms of general wellbeing and as an effective response to a wide variety of health concerns, some practical mindfulness exercises and meditations, and why taking an active approach to looking after your mind is as essential to your health and wellbeing as exercise and diet.



PAPER SCULPTURE

Getting started with paper sculpture

- 🕒 Beverley, Friday 20 January (for 4 weeks), 12 noon - 2pm
Cottingham, Monday 16 January (for 4 weeks), 10am - 12 noon
Goole, Tuesday 17 January (for 4 weeks), 6.30 - 8.30pm

£ £36 (includes a £12 resource fee) C

Discover paper sculpture - the art of folding, cutting and manipulating paper into models. For beginners, this course will help you to get the basics and start moving in the right direction with this exciting craft.

Moving on with paper sculpture

- 🕒 Beverley, Friday 17 February (for 6 weeks), 12 noon - 2pm
Cottingham, Monday 27 February (for 6 weeks), 10am - 12 noon
Goole, Tuesday 28 February (for 6 weeks), 6.30 - 8.30pm

£ £54 (includes an £18 resource fee) C

Take your paper sculpture skills to the next level with our moving on course. Explore the techniques involved in designing and cutting intricate patterns to produce stunning decorative sculptures to take home.

WORKS 4 U



What will you do after school?

Study programmes for 16-19 year olds.

- Get qualified.
- Get work experience.
- Get a job or apprenticeship.

To find out more please call
(01482) 887670

PATCHWORK

Getting started with patchwork

L Beverley, Wednesday 18 January
(for 4 weeks), 6 - 8pm

Bridlington, Saturday 21 January
(for 4 weeks), 10am - 12 noon

£ £36 (includes a £12 resource fee) **C**

This captivating hobby equips you with basic sewing skills to make either a bag or cushion during this beginners course. Discover new skills that will enable you to make colourful quilts, throws, wall hangings and more. Knowledge of a sewing machine is useful but not essential as both hand sewing and machine sewing will be covered during the four weeks.

Moving on with patchwork

L Beverley, Wednesday 15 February
(for 4 weeks), 6 - 9pm

Bridlington, Saturday 4 March
(for 4 weeks), 9.30am - 12.30pm

£ £54 (includes an £18 resource fee) **C**

Move on with your patchwork skills and design your very own pattern for an item of your choice. Explore more advanced patchworking skills including complex shapes and intricate patterns and work with our tutor to create your own masterpiece.



Apprenticeships



Earn while
you learn

Looking for an apprenticeship or further training?

Get in touch **(01262) 677500**
www.eastriding.gov.uk/apprenticeships



PHOTOGRAPHY

Introduction to photography

L Bridlington, Wednesday 8 February (for 2 weeks), 6 - 8pm

£ FREE

Come along and find out more about our photography courses. On this introductory course you will start to explore some basic photography skills and also take part in an initial assessment of your existing skills. This will allow us to give you advice and guidance on your next steps and to ensure that you are able to get the most from your learning. This course leads into our level 1 photography course.

Getting started with photography

L Beverley, Monday 6 February
(for 4 weeks), 1 - 3pm

Bridlington, Wednesday 8 February
(for 4 weeks), 3.30 - 5.30pm

Cottingham, Monday 16 January
(for 4 weeks), 6.30 - 8.30pm

£ £24 **C**

This course is ideal if you are interested in learning basic photography skills and knowledge, but don't require a qualification at the end. During this course, you will cover using a camera to capture creative images and learn about processing and editing images. You will need your own digital camera to join this course.

Moving on with photography

L Beverley, Monday 16 January (for 6 weeks), 3.30 - 5.30pm
Beverley, Monday 13 March (for 4 weeks), 1.30 - 4.30pm

Bridlington, Wednesday 8 February (for 6 weeks), 1 - 3pm
Cottingham, Monday 27 February (for 6 weeks), 6.30 - 8.30pm

£ £36 **C**

Develop your photography skills further and explore techniques used in photographing architecture, gaining an understanding of using the flash and low light photography. You will plan capturing your own creative images learning about processing and editing over the six weeks. You must bring your own digital camera to this course.

POTTERY

Getting started with pottery

L Cottingham, Monday 16 January
(for 4 weeks), 6.30 - 8.30pm

£ £36 (includes a £12 resource fee) **C**

Would you like to try pottery for the first time? This course is ideal for you if you have never tried pottery before and would like to experience and explore the basic pottery techniques required to create your own pieces.

Moving on with pottery

L Cottingham, Thursday 12 January
(for 6 weeks), 6.30 - 8.30pm

Cottingham, Monday 27 February
(for 6 weeks), 6.30 - 8.30pm

£ £54 (includes an £18 resource fee) **C**

Following on from our getting started with pottery course, you will work with a qualified tutor to learn new techniques, fine tune your existing skills and further develop your knowledge of pottery making.

Advanced pottery

L Cottingham, Monday 23 January
(for 6 weeks), 1 - 3pm

Cottingham, Wednesday 25 January
(for 6 weeks), 6.30 - 8.30pm

Cottingham, Thursday 2 March
(for 6 weeks), 6.30 - 8.30pm

£ £54 (includes an £18 resource fee) **C**

Experiment further with your own creative ideas and enhance your practical skills with this course for advanced learners. Delve into the exciting world of contemporary glaze chemistry, looking at the numerous ingredients of glaze recipes available. Work on your own project under the expert guidance of our tutor.

Pottery workshop

L Cottingham, Tuesday 17 January
(for 8 weeks), 6.30 - 8.30pm

£ £104 (includes a £24 resource fee)

This course is ideal for advanced learners who want to develop their preferred style of making and decorating pottery with expert guidance from our tutor. You will work on your own project and develop hand building skills, throwing and a range of decorative techniques.

QUILTING

Getting started with quilting

L Bridlington, Monday 16 January (for 4 weeks), 6 - 8pm

£ £36 (includes a £12 resource fee) **C**

Let your creativity run riot and design your very own unique lap quilt. Our expert tutor will introduce you to the materials and equipment needed to make your quilt that you can start in class and continue at home.

Moving on with quilting

L Bridlington, Monday 13 February (for 6 weeks), 6 - 8pm

£ £54 (includes an £18 resource fee) **C**

Further develop your quilting skills and knowledge working on your own project. Under the expert eye of our tutor, learn new skills in construction and design, including a range of stitches using hand and machine techniques.

SOFT FURNISHINGS

Getting started with soft furnishings (cushions)

L Beverley, Saturday 21 January (for 4 weeks), 10am - 12 noon
Bridlington, Thursday 19 January (for 4 weeks), 1 - 3pm

£ £36 (includes a £12 resource fee) **C**

This course is ideal for you if you want to learn how to make your own handmade cushions. Over four weeks you will plan and make a square cushion and cover. You will discover how to calculate fabrics, successfully cut, fit and join piping and insert zips to make the perfect home accessory!

Moving on with soft furnishings (curtains and blinds)

L Beverley, Saturday 4 March
(for 4 weeks), 9.30am - 12.30pm

Bridlington, Thursday 16 February
(for 4 weeks), 12.45 - 3.45pm

£ £54 (includes an £18 resource fee) **C**

Following on from making cushions on our getting started course, you will learn how to make your own professional looking curtains and roman blinds. You will be introduced to the techniques of measuring windows, calculating fabric quantities and pattern matching and you will produce curtain samples with a range of hand-stitched headings.

www.eastriding.gov.uk/findacourse

Find out more details and book your place on a course at the website above – simply insert the course title in the search field.

SUPPORTING TEACHING AND LEARNING IN SCHOOLS (STLS)

Introduction to STLS

- 🕒 Beverley, Thursday 19 January (for 4 weeks), 9.30am - 12.30pm
- Cottingham, Monday 6 March (for 4 weeks), 9.30am - 12.30pm
- Cottingham, Tuesday 7 March (for 4 weeks), 6 - 9pm
- Bridlington, Thursday 19 January (for 4 weeks), 12 noon - 3pm

🆓 FREE

Are you wanting to work in schools supporting children and young people to learn? Maybe you are a volunteer in school at the moment and want to know how to gain a qualification to enable you to apply for paid work in schools? This free introductory course will inform you about taking the STLS level 2 certificate and what you will need to join the main course.

STLS level 2 certificate

- 🕒 Beverley, Thursday 16 February (for 30 weeks), 9.30am - 12.30pm
- Cottingham, Monday 24 April (for 30 weeks), 9.30am - 12.30pm
- Cottingham, Tuesday 25 April (for 30 weeks), 6 - 9pm
- Bridlington, Thursday 16 February (for 30 weeks), 12 noon - 3pm

🧾 £410 + £102.80 exam fee 🕒

This course is for newly appointed, as well as experienced, teaching assistants who would like to gain a recognised qualification. Achieving this qualification will demonstrate your ability to relate to pupil welfare, care, behaviour and learning. Some of the learning you will undertake will be around topics like: Child and young person development, safeguarding, communication, equality and diversity and supporting learning activities. You must be spending a minimum of ten hours per week in school either in a paid or volunteer capacity.



VINTAGE CRAFT

Getting started with vintage craft

- 🕒 Bridlington, Friday 20 January (for 4 weeks), 12.30 - 2.30pm
- 🧾 £36 (includes a £12 resource fee) 🕒

Do you love all things vintage or vintage inspired? Retro vintage is a big topic in the crafting world right now. Come along to this short course and explore a range of crafts and make your very own vintage creations.



ARE YOU AGED 18-24 AND LOOKING FOR WORK OR FURTHER LEARNING?

The Springboard programme aims to support you into training or employment



Call us on **(01482) 887670** to find out more, or email **springboard@eastriding.gov.uk**

WHERE TO FIND US

You can contact us for advice and guidance, or to register on a course, at any of the centres shown below.

Adult Learning Beverley

Adult Learning Centre, Burden Road, Beverley HU17 9LW

 (01482) 887670

 learn.beverley@eastriding.gov.uk

 Monday to Thursday 8.30am - 5pm and Friday 8.30am - 4pm

Adult Learning Bridlington

Adult Learning Centre, King Street, Bridlington YO15 2DF

 (01262) 677500

 learn.bridlington@eastriding.gov.uk

 Monday to Thursday 8.45am - 5pm and Friday 8.45am - 4pm

Adult Learning Cottingham

Adult Learning Centre, Hallgate, Cottingham HU16 4DD

 (01482) 842329

 learn.cottingham@eastriding.gov.uk

 Monday to Thursday 8.30am - 5pm and Friday 8.30am - 4pm

Adult Learning Goole

Adult Learning Centre, Pasture Road, Goole DN14 6DP

 (01482) 392844

 learn.goole@eastriding.gov.uk

 Monday to Thursday 8.30am - 5pm and Friday 8.30am - 4pm

During term time reception is often open until 7pm Monday to Thursday.

East Riding of Yorkshire Council will, on request, provide this document in Braille, audio or **large** print format. If English is not your first language and you would like a translation of this document into any other language, please telephone **(01482) 393939**.